**ChatGPT Recipe3**

Recipe Oils, Fats and Waxes

Oil % Grams

Olive Oil 30 30

Coconut Oil, Virgin 25 25

Shea Butter 15 15

Avocado Oil 15 15

Castor Oil 10 10

Almond Oil, sweet 5 5

Total 100 100

Recipe Totals

Liquid Required 25.09 g

NaOH Weight at 99 % Purity 12.54 g

Oil Weight 100 g

Super Fat 5 %

Total Batch Weight 137.63 g

Lye Concentration 33.33 %

Liquid : Lye Ratio 0.08402778

Saturated : Unsaturated 35:65

Recipe Properties

Property % Recommended

Bubbly Lather 26 14 - 46

Cleansing 17 12 - 22

Condition 61 44 - 69

Hardness 35 29 - 54

Longevity 18 25 - 50

Creamy Lather 27 16 - 48

Iodine 65 41 - 70

Ins 144 136 - 165

Fatty Acids %

Lauric 12

Myristic 5

Palmitic 10

Stearic 8

Ricinoleic 9

Oleic 43

Linoleic 9

Linolenic 0

Introducing our newest creation in natural skincare: the Harmony Soap Bar, a luxurious blend crafted for those seeking a perfect balance of gentle cleansing and rich lathering, without compromising on moisturizing benefits. Each bar is a symphony of carefully selected natural oils - olive oil provides the gentle touch, perfect for sensitive skin, while coconut oil brings in a delightful, rich lather known for its deep-cleansing properties. Avocado oil, a treasure trove of vitamins and minerals, works to nourish and condition your skin and hair, and sweet almond oil adds an extra layer of softness, enhancing the soap's conditioning power. The crowning ingredient, shea butter, enriches the bar with its creamy lather and luxurious feel, leaving your skin and hair feeling pampered and revitalized. Our Harmony Soap Bar is a testament to the art of soapmaking, combining nature's best, free from harsh chemicals and synthetic fragrances, making it the perfect choice for those with greasy skin and hair, or anyone yearning for a naturally effective, yet indulgent cleansing experience. Embrace the harmony of nature with each use, and let your skin and hair revel in the pure, moisturizing embrace of our artisanal soap.

**Woodland Whispers in a Bar of Wonder**

by ChatGPT

A forest journey, in your palm,

With this soap, a soothing balm.

Nature's secrets, wrapped in art,

In every wash, a fantastical start.

Golden olive, coconut's light,

Shea's embrace, with strength and might.

Avocado's whispers, almond's dreams,

Castor's dew, in moonlit beams.

Nestled trees, in hues so bold,

A fairy tale in every fold.

Emerald greens, sun's golden ray,

Twilight orange, earth's brown array.

Water's touch awakens tales,

In every bubble, magic sails.

With every wash, a mystical flight,

Through enchanted woods, in moon's soft light.

Nourishing skin, spirit's delight,

This soap, a guardian of night.

A bar not just for cleansing needs,

But where every lather sows magical seeds.

A touch of forest, a whisper of lore,

Nature's blessings, at your core.

But heed this whisper, soft and clear,

Let it rest, till time is near.

Not till January's frosty dawn,

The twenty-sixth, when weeks are gone,

Shall this enchanted bar be free,

To unveil its woodland mystery.